

Egg Freezing



Deciding to freeze your eggs, gives *YOU* the power to decide when the time is right to become a mother, rather than your biological clock dictating it. The technique of Egg freezing, requires a Reproductive Endocrinologist, such as [“Dr. Robin”](#) (Robin L. Poe-Zeigler, MD, FACOG), to remove the eggs from a woman’s ovaries and an Embryologist to freeze (“vitrify”) the eggs in a laboratory, to be stored in a tank with liquid nitrogen. This technology gives women the ability to preserve their fertility and the option for motherhood, for the future.

[The New Hope Center for Reproductive Medicine](#) offers Egg Freezing to any woman desiring to preserve her fertility, including those pursuing educational or career goals, or diagnosed with condition(s) requiring treatment that would/could impede their ability to conceive when desired (such as: breast or ovarian cancer), and those women not currently in a relationship (or seeing one on the close horizon) wanting to alleviate the pressure of finding a partner.

At [New Hope Center](#), vitrifying eggs is a streamlined process, and includes an initial consultation with [“Dr. Robin”](#) and a Financial Counselor, an ultrasound and blood work to assess your current ovarian reserve, and the actual ovarian stimulation & egg retrieval process, and the freezing of eggs. Pregnancy rates have been promising for women returning to use their frozen/stored eggs, and the benefits far outweigh the time or cost involved in the procedures.

Top 5 Reasons to Freeze Eggs:

1. **Eggs are a limited supply.** Since, women are born with all the eggs they will ever have, their supply diminishes with each passing year. A woman in her early 20s, has the most favorable egg reserve, and therefore she has the best chance of pregnancy, which averages about 25% each month. A woman’s chance of pregnancy continues to decline with age, and by their 30s, the chance of pregnancy is ~15% per month. By age 40, the chance of pregnancy each month will decline to only ~5%. Egg freezing offers women the peace of

mind in their goal to have a biological child, no matter the educational, career, or relationship path their life takes.

2. **Egg quality diminishes with age.** As a woman ages, so do her eggs, and the quality of those eggs diminishes. While a woman's chance of pregnancy *declines* with age, the chance of her eggs having chromosomal abnormalities and/or of miscarrying a pregnancy if she does conceive, actually *increases*. By freezing eggs, a woman is able to protect her eggs (at least those frozen), from the aging process, and thereby improving her chances to conceive a child in the future.
3. **Preserve your ability to become a mother, while maintaining personal and career goals.** Egg freezing affords women the time they need (or want), to focus on educational or career goals, or finding the right partner, without feeling pressured to get pregnant now, when they may not be ready until later.
4. **Puts your biological clock on "hold".** Women gain peace of mind knowing the pressure to beat their biological clock is off. It lifts a huge weight, just knowing that when the time *is* right and you're ready to be a mother that regardless of age or relationship status, your eggs are waiting and ready when you are!
5. **You're doing what you can to secure your future fertility.** Although "vitrification" (specific method of freezing gametes and embryos) is a newer/improved technique, over previous methods, the actual technology of freezing and thawing eggs to use for achieving a pregnancy is not new, but has been practiced for many years. And, some of the best news, is that recent studies have shown comparable outcomes using thawed eggs as those using fresh eggs.

If you're ready to take control of your life and the future of your fertility, The New Hope Center for Reproductive Medicine is ready to help you do it!

You can visit The New Hope Center online at: www.TheNewHopeCenter.com or contact us by phone at: (757)496-5370 or Email: NewHope@thenewhopecenter.com

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